



# CURRICULUM STATEMENT

## Physical Education

**Core:** In Physical Education we study:

- Gymnastics
- Dance
- Outdoor Games
- Athletics
- Outdoor and Adventurous Activities
- Swimming

Physical Education knowledge and understanding is developed specifically through...

- Progressive skills based scheme of work – building on prior skills
- Teaching fundamental co-ordination skills
- Perform, plan and evaluate skills
- Evaluating and refining own and others work – drawing attention to good examples of individual performance
- Providing open-ended activities where children can use their imagination and can personalise the outcome
- Providing opportunities to think, select and apply skills through a range of age appropriate activities
- Challenging children according to their ability

**Key PE Questions:**

- Why is exercise important?
- How can you improve your sequence/skill?
- What could you do to make your performance better?
- What can you do now that you couldn't do at the start of our lesson/unit of work?
- Can you teach someone else that skill?

**Essential Key Skills:**

- Develop positive attitudes towards healthy lifestyles - promoting lifelong physical activity to make informed choices
- Achieve and experience activities they will enjoy
- Increase children's self-confidence fostering positive attitudes of cooperation, fair play and perseverance through PE and sport
- Working collaboratively as an individual, team and group
- Promote taking part competitive and non-competitive activities
- Opportunities to attend intra and inter school competitions
- Increased competence and confidence in a range of activities/sports

**Using and Applying English and Maths within Physical Education:**

- Reinforcing mathematical language
- Developing descriptive language
- Speaking and listening – collaborative and co-operative skills, evaluation skills

**Temple Specific:**

- Extra-curricular provision – wide variety of boys, girls and mixed sports clubs
- Temple sports leaders
- Teach outdoor games, gym and dance in the Foundation Stage
- Opportunities to take part in and try new Outdoor and Adventurous Activities
- Club links with Manchester City Football Club and Lancashire County Cricket Club – opportunities to attend workshops, curriculum activities and coaching sessions

